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## **GM Retirees Chapter President's Message**

Hello GM Retirees,

If you are anything like me you are looking forward to November 4 and a brief respite from the rancor, political ads and unending hyperbole we have been assaulted with over the last few months. No matter which party wins, I am hoping for a tidal wave of common sense and a reasonable approach to governance. Call me a Pollyanna, but a guy can hope.

The NRLN Review provides a monthly report on National Retiree Legislative Network actions, events in Congress and important retirement news. To highlight just a few items in the most recent Review...

**The NRLN issued an "Action Alert" asking the President and Congress to get their act together on issues involving the USPS. While not taking sides in the controversy the NRLN urged both sides to find common ground and ensure that "the mail will go through."**

An NRLN President's Forum was issued on September 18 to announce the first [NRLN Podcast](#) as part of our effort to better inform NRLN members and reach a wider audience. I encourage you to go to the [NRLN website](#) at [www.nrln.org](http://www.nrln.org) and watch the Podcast. In this video episode he covered the ***History of Medicare Privatization Through Medicare Advantage Plans and the Results After 23 years of Taxpayer Subsidies.***

Another video is on ***Medicare A-D Revenue, MA Plan Rebates/Market Share & Medicare 10-year Budget.*** There will also be videos on ***Rebates and the Quality Bonus Plan (QBP) – The House of Cards*** and ***Comparing Medicare Advantage Plans & Original Medicare plus Medigap G.***

**Lower Copay for Insulin for Seniors with Diabetes.** There are an estimated 3.3 million seniors with diabetes. According to the Centers for Medicare and Medicaid (CMS), during the Medicare enrollment period October 15-December 7 2020, original Medicare and Medicare Advantage beneficiaries will have the option of selecting a Medicare Part D plan that provides access to a broad set of insulins at a maximum \$35 copay for a month's supply. CMS said that starting, January 1, 2021, seniors with diabetes who selected one of these Medicare Part D plans or Medicare Advantage plans with prescription drug coverage will save on average an estimated \$446 per year, or 66%, on their out-of-pocket costs for insulin.

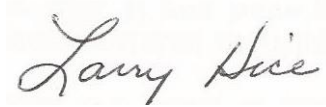
I encourage you to visit the NRLN website and familiarize yourself with the details of the various NRLN White Papers on all these issues.

(More)

On the NRLN home page you will find links to learn more about NRLN's Officers/Board of Directors, Committees and Member Associations. There are valuable links to contact Elected Officials and contact NRLN Member Orgs. Please review the Legislative Agenda, NRLN White Papers and Talking Points & Executive Summaries.

You can make a difference. I encourage you to support the GMRC Chapter and the NRLN both in terms of financial support and encouraging other GM Retirees to get involved.

Further, I would ask that you respond to [NRLN Action Alerts](#), write your Representative and Senators about NRLN issues and take the opportunity to meet with them personally when they are in their home offices. I am available to support your Retiree Club / Association with a brief presentation about the NRLN either in person or via conference call. I am also happy to respond to all questions/concerns from any GM Retiree. I can be reached via e-mail or phone.



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NRLN – <https://www.nrln.org/>

GM Retirees Chapter <https://www.nrln.org/CHAPTERS/GMRC/gmrc.html>

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... by making an annual contribution of \$25, \$50, \$75 or more. Any amount you can contribute will be appreciated. You may make your check or money order payable to **NRLN, Inc.** and mail it with the Contribution Form below. Or, make your contribution with your credit card on the NRLN website at [www.nrln.org](http://www.nrln.org). Click on the "Join Us" tab on the home page and select "Support the NRLN."

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Mail this form with your check or money order (no cash please) for \$25, \$50, \$75 or more (any amount will be appreciated) **payable to NRLN, Inc., PO Box 69051, Baltimore, MD 21264-9051**